

DRC Tops & Bottoms 2009 Event Registration Form

Rowing Club:			
Primary Contact:			
Phone:		Email:	
Secondary Contact:			
Phone:		Email:	

Waiver/Release

Please be advised that that each club and competitor is responsible for their own physical fitness. The Don Rowing Club, its officers and directors and the individuals involved with the organizing and running of the regatta shall not be held responsible for the physical fitness of competing individuals or crews. Each club must sign and submit a separate Waiver / Release form prior to the start of the first race of the regatta.

For Insurance Coverage

All competitors, coaches, club officials, regatta officials and referees must be registered with their rowing clubs and provincial & national rowing associations.

Name of Club Representative: _____

Signature: _____ **Date:** _____

Entry Deadline: The signed **Waiver / Release** (above) and **Regatta Entry Form (pages 2-4)** must be submitted via mail/email to **Marko Saban by Friday August 7, 2009** in PDF format, if possible. Address: Marko Saban, 65 Charleston Rd, GTA, M9B 4N1. Email: **okramnabas@yahoo.com**,
Phone 416.207.0395 Cell: 647.299.6521

Rowing Club: _____

Table 1. Tally of all club entries by Event

Event #	Number of Entries		Event ID	
	Advanced	Novice		
1			Youth	8+
2			Youth	4+
3			Youth	4x+ (Hudson T11)
4			Youth	2x
5			Youth	2x (Hudson T7)
6			REC Women	8+
7			REC Women	4+
8			REC Women	4x+ (Hudson T11)
9			REC Women	2x
10			REC Women	2x (Hudson T7)
11			REC Men	8+
12			REC Men	4+
13			REC Men	4x+ (Hudson T11)
14			REC Men	2x
15			REC Men	2x (Hudson T7)
16			REC Mixed	8+
17			REC Mixed	4+
18			REC Mixed	4x (Hudson T11)
19			Family*	2x
20			Adaptive**	2x (Hudson T7)

*Note that **Family** event is intended for Advanced patent/child “skinny” doubles (2x) only;

** **Adaptive** races will be accommodated upon special request.

Rowing Club: _____

Table 2. Participant Entries

(Instructions: List names of all participants from your club, including coxswain, as well as enter the event number(s) from Table 1. Each participant may register for up to two (2) events for Youth and three (3) events for Adult rower).

Participant #	Name	Gender M/F	Adult Youth	Novice Advanced	T-Shirt Size	Event Number(s) (from Table 1)			Regatta Fee, \$
1									
2									
3									
4									
5									
6									
7									
8									
9									
10									
11									
12									
13									
14									
15									
16									
17									
18									
19									
20									
21									
22									
23									
24									

Don Rowing Club of Mississauga - 30^h Tops & Bottoms Regatta Registration Package
 Date: Saturday August 15th, 2009

Participant #	Name	Gender M/F	Adult Youth	Novice Advanced	T-Shirt Size	Event Number(s) (from Table 1)			Regatta Fee, \$
25									
26									
27									
28									
29									
30									
31									
32									
33									
34									
35									
36									
37									
38									
39									
40									

Total fees due,

Please indicate coxswain name for all coxed crews.

Entry form in MS Excel is also acceptable if Table 2 format is followed - please email your excel form to okramnabas@yahoo.com



Regatta Day Events

- **Registration starts at 7:45 a.m.**
- **Coaches and Umpires Meeting at 8:00 a.m. at the Clubhouse - Tony Novotny room (erg room).**
- **First race starts at 9:00 a.m.**
- **All Youth events will be 'stacked' in the morning before lunch break**
- **Lunch will be served from 11:30AM - 1:30PM at the clubhouse patio**

Entries/Fees

- Fees:
 - **Youth:** \$25.00
 - **Adults:** \$35.00
- Racing Participant Limitations:
 - **Youth:** 2 races;
 - **Adults:** 3 races or less, depending on availability
- **Entries Deadline:**
 - **Club & participant entries must be received no later than Friday August 7th, 2009.**
 - **Late entries will only be accepted if they can reasonably be accommodated within the Race Draft shirt!**

Events and Categories (see Table 1)

- 8+
- 4+
- 4x+ (Hudson T11)
- 2x
- 2x (Hudson T7)
- Youth, REC women, REC men, mixed REC crews
- Youth, REC women, REC men, mixed REC crews
- Novice sculling youth, novice sculling REC crews (primarily)
- Advanced Youth, advanced REC crews
- Novice sculling crews (youth or REC),
- Adaptive rowers races - can be accommodated on a special request

Rowing Info

- **No weight requirements** for rowers or coxswains
- Rower Categories definitions
 - **Youth:** 16 years or under
 - **Novice Rower:** Any rower who has learned to row in 2009
 - **Advanced Rower:** Any rower who has learned to row in 2008 or earlier.
- **Novice Races:**
 - **Doubles:** Raced in Hudson T-7, all crew to be novice
 - **Fours:** Raced in 4+ or 4x+ (T-11), all crew to be novice - please note that sculling competency is required races.
 - **Eights:** Minimum of 6 novice rowers
- **Mixed Eight:** minimum of 4 women, maximum of 4 men

Boats & Racing

- All boats will be provided by the Don Rowing Club of Mississauga. **Please do not bring any of your own boats** at a premium at our club.
- Course:
 - ~750 meters on Credit River
 - two lanes of racing: Club Side and Far Side
 - floating start
 - no technical installations
- Each race will be timed (times will be posted outside the boathouse); typical race times are from 2.5 – 3.5 min.
- Races are typically 8-10 min apart, depending on the total number of races.
- Medals will be awarded for winners in each event

Travel Info

Boathouse Address: Don Rowing Club of Mississauga
29 Front Street North
Mississauga, ON L5H 2E1

Club Phone: 905-274-1871

Mailing Address: PO Box 45101,
81 Lakeshore Road East
Mississauga, ON L5G 4S7

Website: <http://www.donrowingclub.com/>
Entries email: okramnabas@yahoo.com

Directions to the club house:

- From QEW take the Mississauga Road exit south
- Proceed on Mississauga Road south approximately 2 km.
- After passing the railway overpass TAKE SECOND LEFT exit onto Park Street West
- Follow Park St W to Front St N; DRC is to your right.

Race course map

