

Erg-Test 2k  
Don Rowing Club of Mississauga

# MALE

Juniors, Seniors OnGoing List

Nr.	Date	Name	Surname	weight		2k	Stroke Rate	time	Concept Model ...	500m split		Watt	Relative Ergometer Leistung (REL)	Boot spezifische Ergometer Leistung (BSEL)	Grabow Faktor (REL)	Grabow Faktor (BSEL)
				kg	lbs											
1	04/04/09	Brodowski (GER)	Carsten	111.0		2000		05:41.60		01:25.40	85.00	569.9	18.31	23.42	0.73	0.66
2	22/02/09	Hafner (GER)	Moritz	75.0		2000		06:15.30	C	01:33.83	94.00	421.4	18.03	21.62	0.73	0.66
3	03/04/07	Zehnder (CH)	Silvan	73.0		2000		06:23.80	C	01:35.95	96.00	395.6	17.26	20.60	0.73	0.66
4	06/06/09	Walker	James	87.2		2000		06:19.20	D	01:34.80	95.00	408.2	15.64	19.26	0.73	0.66
5	03/04/07	Leu (CH)	Martin	68.0		2000		06:38.60	C	01:39.65	100.00	350.0	16.08	18.94	0.73	0.66
6	01/05/09	Lancaster	Tom	73.5		2000		06:36.34	D	01:39.09	99.00	360.7	15.66	18.71	0.73	0.66
7	06/06/09	Lancaster	Tom	72.5		2000		06:39.00	D	01:39.75	100.00	350.0	15.35	18.30	0.73	0.66
8	01/05/09	Walker	James	86.9		2000		06:27.90	D	01:36.98	97.00	383.5	14.73	18.13	0.73	0.66
9	06/06/09	Bellerby	Andrew	73.8		2000		06:39.70	D	01:39.93	100.00	350.0	15.15	18.12	0.73	0.66
10	06/06/09	Lebl	Dan	77.4		2000		06:40.70	D	01:40.18	100.00	350.0	14.63	17.65	0.73	0.66
11	06/06/09	Filice	Peter	89.8		2000		06:31.10	D	01:37.78	98.00	371.9	13.95	17.26	0.73	0.66
12	06/06/09	Dhillon	Gurpreet	65.2		2000		06:56.60	D	01:44.15	104.00	311.1	14.74	17.23	0.73	0.66
13	06/06/09	Dhillon	Gurpreet	65.9		2000		06:56.60	D	01:44.15	104.00	311.1	14.63	17.13	0.73	0.66
14	26/04/09	Lebl	Dan	80.0		2000		06:43.10	D	01:40.78	101.00	339.7	13.86	16.82	0.73	0.66
15	26/04/09	Bellerby	Andrew	76.1		2000		06:48.60	D	01:42.15	102.00	329.8	13.96	16.79	0.73	0.66
16	06/06/09	O'Brien	John	69.8		2000		06:56.10	D	01:44.03	104.00	311.1	14.03	16.60	0.73	0.66
17	01/05/09	Malek	Adam	102.0	224.4	2000		06:27.60	D	01:36.90	97.00	383.5	13.11	16.55	0.73	0.66
18	06/06/09	Lemiski	Brockenshire	66.9		2000		06:58.70	D	01:44.68	105.00	302.3	14.06	16.51	0.73	0.66
19	01/05/09	Filice	Peter	93.3	205.2	2000		06:37.40	D	01:39.35	99.00	360.7	13.16	16.38	0.73	0.66
20	01/05/09	Dmytrasz	Steve	65.7		2000		07:03.40	D	01:45.85	106.00	293.9	13.85	16.20	0.73	0.66
21	06/06/09	Woodwart	Brandon	74.0		2000		06:59.50	D	01:44.88	105.00	302.3	13.06	15.63	0.73	0.66
22	01/05/09	Fong	Ben	74.9	164.8	2000		06:58.30	D	01:44.58	105.00	302.3	12.94	15.52	0.73	0.66
23	06/06/09	Woodwart	Carter	64.5		2000		07:12.90	D	01:48.23	108.00	277.8	13.27	15.47	0.73	0.66
24	04/05/09	Lausberg	Christian	73.0		2000		07:03.80	D	01:45.95	106.00	293.9	12.82	15.30	0.73	0.66
25	21/05/09	Britov	Dima	82.0		2000	30	06:56.90	D	01:44.23	104.00	311.1	12.47	15.19	0.73	0.66
26	26/04/09	Nakon	Daniel	83.5		2000		06:54.00	D	01:43.50	104.00	311.1	12.31	15.04	0.73	0.66
27	06/06/09	Yarra	Raja	68.8		2000		07:12.30	D	01:48.08	108.00	277.8	12.66	14.94	0.73	0.66
28	08/02/09	Dhillon	Gurpreet	69.0		2000		07:10.50	D	01:47.63	108.00	277.8	12.63	14.92	0.73	0.66
29	06/06/09	Dvir	David	109.8		2000		06:35.50	D	01:38.88	99.00	360.7	11.68	14.92	0.73	0.66
30	08/02/09	Lausberg	Christian	71.0		2000		07:10.40	D	01:47.60	108.00	277.8	12.37	14.69	0.73	0.66
31	06/06/09	Thomas	Lorne	71.1		2000		07:10.70	D	01:47.68	108.00	277.8	12.36	14.68	0.73	0.66
32	06/06/09	Page	David	62.4		2000		07:22.60	D	01:50.65	111.00	255.9	12.52	14.51	0.73	0.66
33	01/05/09	Lodhi	Farhan	85.6	188.4	2000		06:59.90	D	01:44.98	105.00	302.3	11.74	14.41	0.73	0.66
34	06/06/09	Veerakuma	Avin	75.1		2000		07:11.90	D	01:47.98	108.00	277.8	11.87	14.25	0.73	0.66
35	26/04/09	Page	David	61.9		2000		07:28.90	D	01:52.23	112.00	249.1	12.26	14.18	0.73	0.66
36	08/02/09	Nakon	Daniel	80.0		2000		07:06.50	D	01:46.63	107.00	285.7	11.66	14.15	0.73	0.66
37	06/06/09	Toulmin	Nick	90.6		2000		06:58.80	D	01:44.70	105.00	302.3	11.27	13.96	0.73	0.66
38	06/06/09	Mirjan	Ameen	71.2		2000		07:18.30	D	01:49.58	110.00	263.0	11.68	13.88	0.73	0.66
39	02/05/09	Toulmin	Nick	91.5		2000		07:00.90	D	01:45.23	105.00	302.3	11.19	13.88	0.73	0.66
40	01/05/09	Veerakuma	Avin	75.5		2000		07:16.00	D	01:49.00	109.00	270.3	11.51	13.82	0.73	0.66
41	08/02/09	Page	David	59.0		2000		07:37.60	D	01:54.40	114.00	236.2	12.04	13.79	0.73	0.66
42	01/05/09	Anastacio	Lucas	53.9	118.6	2000		07:44.90	D	01:56.23	116.00	224.2	12.21	13.72	0.73	0.66
43	08/02/09	Britov	Dima	83.0		2000		07:11.70	D	01:47.93	108.00	277.8	11.04	13.48	0.73	0.66
44	01/05/09	Burlingham	Cory	75.9	167.0	2000		07:19.70	D	01:49.93	110.00	263.0	11.15	13.40	0.73	0.66
45	01/05/09	Dvir	David	109.5	241.0	2000		06:50.00	D	01:42.50	103.00	320.3	10.39	13.26	0.73	0.66
46	06/06/09		Arian	70.3		2000	31	07:29.00	D	01:52.25	112.00	249.1	11.17	13.24	0.73	0.66
47	06/06/09	Tierney	Kieran	65.4		2000		07:35.00	D	01:53.75	114.00	236.2	11.17	13.06	0.73	0.66
48	01/05/09	Watt	Graham	63.8		2000		07:40.90	D	01:55.23	115.00	230.1	11.08	12.89	0.73	0.66
49	01/05/09	Fasollo	Lucas	77.7		2000		07:24.10	D	01:51.03	111.00	255.9	10.67	12.88	0.73	0.66
50	26/04/09	Lychac	Mark	50.1		2000		07:59.70	D	01:59.93	120.00	202.5	11.63	12.87	0.73	0.66
51	01/05/09	Wahba	Vincent	87.8	193.2	2000		07:16.70	D	01:49.18	109.00	270.3	10.30	12.70	0.73	0.66
52	02/05/09	Eckles	Russ	83.0		2000		07:23.70	D	01:50.93	111.00	255.9	10.17	12.41	0.73	0.66
53	06/06/09	Kozik	Peter	88.3		2000		07:19.70	D	01:49.93	110.00	263.0	9.98	12.32	0.73	0.66
54	06/06/09		Gord	82.5		2000		07:28.20	D	01:52.05	112.00	249.1	9.94	12.12	0.73	0.66
55	06/06/09	McMillan	Tom	68.9		2000		07:48.10	D	01:57.03	117.00	218.5	9.95	11.74	0.73	0.66
56	06/06/09	Greenwood	Matt	58.0		2000		08:04.70	D	02:01.18	121.00	197.6	10.20	11.64	0.73	0.66
57	02/05/09	Kozik	Peter	90.2		2000		07:26.20	D	01:51.55	112.00	249.1	9.31	11.53	0.73	0.66
58	06/06/09	Sugar	Eric	112.0		2000		07:12.40	D	01:48.10	108.00	277.8	8.87	11.36	0.73	0.66
59	02/05/09		Gord	82.3		2000		07:41.80	D	01:55.45	115.00	230.1	9.20	11.22	0.73	0.66
60	02/05/09	Honken	Veneet	82.0		2000		07:42.20	D	01:55.55	116.00	224.2	8.99	10.95	0.73	0.66
61	06/06/09	Watt	Patrick	57.4		2000		08:16.20	D	02:04.05	124.00	183.6	9.55	10.87	0.73	0.66
62	26/04/09	McMillan	Tom	69.1		2000		08:00.20	D	02:00.05	120.00	202.5	9.20	10.87	0.73	0.66
63	06/06/09	Loucks	Don	91.6		2000		07:41.30	D	01:55.33	115.00	230.1	8.51	10.56	0.73	0.66
64	26/04/09	Thomas	Liam	61.1		2000		08:16.80	D	02:04.20	124.00	183.6	9.12	10.52	0.73	0.66
65	02/05/09	Loucks	Don	91.5		2000		07:43.60	D	01:55.90	116.00	224.2	8.30	10.30	0.73	0.66
66	06/06/09	Allison	William	82.0		2000		08:00.30	D	02:00.08	120.00	202.5	8.12	9.89	0.73	0.66
67	02/05/09	Ord	Garnett	90.6		2000		07:51.60	D	01:57.90	118.00	213.0	7.94	9.84	0.73	0.66
68	02/05/09	Kovas	Tibor	81.0		2000		08:03.00	D	02:00.75	121.00	197.6	7.99	9.71	0.73	0.66
69	26/04/09	Watt	Patrick	55.5		2000		08:41.80	D	02:10.45	130.00	159.3	8.49	9.60	0.73	0.66
70	26/04/09		Calvin	64.6		2000		08:37.30	D	02:09.33	129.00	163.0	7.78	9.07	0.73	0.66
71	01/05/09		Jamie	68.1		2000		08:31.50	D	02:07.88	128.00	166.9	7.66	9.03	0.73	0.66
72	06/06/09		Tibor	82.0		2000		08:22.20	D	02:05.55	126.00	175.0	7.01	8.54	0.73	0.66
73	06/06/09	Gokdemir	Timucin	87.3		2000		08:18.00	D	02:04.50	125.00	179.2	6.86	8.45	0.73	0.66

BSEL	>21	Olympic Level
	19-21	U23 Level